

# MAKE OR BREAK Week 3

## Watch Your Mouth

### Questions

## REVIEW WITH YOUR GROUP

### CONVERSATION STARTERS

- Your words matter. What is one of the funniest/dumbest things you have said?
- Do you have a word that ‘triggers’ you? ex. “Chill out”

## RESPOND TO THE TOPIC

- What is one thing that stood out to you from this week’s message?
- How do you watch your mouth?
  - *Ephesians 4:29* “<sup>29</sup>Don’t use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.”
  - Are you building others up or tearing others down?
  - Are you a half glass full or empty type of person?
- WATCH YOUR HEART
  - *Matthew 15:16-20* “<sup>16</sup>“Don’t you understand yet?” Jesus asked. <sup>17</sup>“Anything you eat passes through the stomach and then goes into the sewer. <sup>18</sup>But the words you speak come from the heart—that’s what defiles you. <sup>19</sup>For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander. <sup>20</sup>These are what defile you. Eating with unwashed hands will never defile you.”
  - How do you check your heart?
- WATCH YOUR ATTENTION
  - What language have you learned?
  - How do you learn a new language? A new way to talk?
- WATCH YOUR WORDS
  - *Psalms 141:3* “<sup>3</sup>Take control of what I say, O Lord, and guard my lips.”
  - Do you understand the power of your words?
- WATCH YOUR FRUIT
  - From your mouth comes your actions
    - What actions are you producing?
    - A healthy relationship?
    - Are things better or worse?
- How can we pray for you?